

CYGNET AUTISM PARENTING SUPPORT



Are you a parent or carer of children and young people, aged 3-18 yrs old, that have been diagnosed with autism, are on the pathway to an autism diagnosis or are suspected of having autism?

Over seven weekly sessions, we will cover :

- Discovering autism
- Parent and carer experiences
- Thinking and Sensory differences
- Social Interaction & Communication
- Understanding and supporting behaviour
- Analysing behaviour

We have two course starting dates to choose from:

Wednesday, 8 January 2025 at 9.30 am -12 pm

Thursday, 30 January 2025 at 9.30 am - 12 pm

To book your place, please email Beki Gillingham



beki.gillingham@barnardos.org.uk



Changing childhoods.
Changing lives.

