

**TWO YEAR ROLLING PROGRAMME CYCLE A
2026-27**

Year group/ Term	1 Me and My Relationships	2 Keeping Safe	3 Being My Best	4 Growing and Changing	5 Valuing Difference	6 Rights and Respect
EYFS, 1 & 2	All about me (R) What makes me special (R) Why we have classroom rules (1) Thinking about feelings (1) Our feelings (1) Our ideal classroom 1 (2) How are you feeling today? (2) Let's all be happy! (2)	What's safe to go in my body (R) Safe indoors and outdoors (R) Keeping safe online (R) Super sleep (1) Who can help? (1) Good or bad touches? (1) Harold's picnic (2) Should I tell? (2)	Bouncing back when things go wrong (R) Yes, I can! (R) Eat well (1) You can do it! (2) Harold's postcard - helping us to keep clean and healthy (2)	Life stages - plants, animals, humans (R) Life stages: Human life stage - who will I be? (R) Healthy me (1) Taking care of a baby (1) Sam moves away (2) My body, your body (2) Respecting privacy (2)	Same and different families (R) Same and different homes (R) It's not fair! (1) Our special people balloons (1) What makes us who we are? (2) My special people (2) How do we make others feel? (2)	Looking after my friends (R) Being helpful at home and caring for our classroom (R) Harold has a bad day (1) Around and about the school (1) Taking care of something (1) Getting on with others (2) When I feel like erupting (2)
3 & 4	As a rule (3) Thunks (3) Dan's dare (3) Human machines (4) Ok or not ok? Part 1 (4) Ok or not ok? Part 2 (4)	Safe or unsafe? (3) The risk robot (3) Help or harm? (3) How dare you! (4) Raisin challenge (4) Picture wise (4) Know the norms (4)	Derek cooks dinner! (healthy eating) (3) Poorly Harold (3) Body team work (3) What makes me ME! (4) Making choices (4)	Relationship tree (3) Body space (3) None of your business! (3) Moving house (4) My feelings are all over the place! (4) My changing body (3) Yr4 only	Respect and challenge (3) Family and friends (3) My community (3) Can you sort it? (4) What would I do? (4) The people we share our world with (4)	Helping each other to stay safe (3) Recount task (3) Our helpful volunteers (3) Who helps us stay healthy and safe? (4) It's your right (4) How do we make a difference? (4) In the news! (4)

				All change! (4) Yr4 only Preparing for changes at puberty (4) Yr4 only		
5 & 6	Collaboration challenge (5) Give and take (5) How good a friend are you? (5) Working together (6) Solve the friendship problem (6) Behave yourself (6)	Spot bullying (5) Play, like, share (5) Decision dilemmas (5) Think before you click (6) To share or not to share? (6) Alcohol: what is normal? (6) Smoking: what is normal? (5) Joe's story (part 1) (6)	It all adds up! (5) Different skills (5) My school community 2 (5) This will be your life! (6) Our recommendations (6) Basic first aid, including Sepsis Awareness (6)	How are they feeling? (5) Taking notice of our feelings (5) Dear Ash (5) I look great! (6) Media manipulation (6) Making babies (6) Yr6 only Help! I'm a teenager - get me out of here! (5) Yr5 only	Qualities of friendship (5) Kind conversations (5) Happy being me (5) Tolerance and respect for others (6) Advertising friendships! (6) Boys will be boys? - challenging gender stereotypes (6)	What's the story? (5) Fact or opinion? (5) Mo makes a difference (5) Two sides to every story (6) Fakebook friends (6) What's it worth? (6) Happy shoppers - caring for the environment (6)

TWO YEAR ROLLING PROGRAMME CYCLE B 2025-26						
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EYFS, 1 & 2	Me and my special people (R) Who can help me? (R) My feelings 2 (R) How are you listening? (1) Feelings and bodies (1) Good friends (1) Types of bullying (2) Don't do that! (2)	Keeping Myself Safe (R) Listening to my feelings (R) People who help to keep me safe (R) Sharing pictures (1) What could Harold do? (1) Harold loses Geoffrey (1) How safe would you feel? (2) I don't like that! (2) Fun or not? (2)	My healthy mind (R) A good night's sleep (R) Catch it! Bin it! Kill it! (1) Pass on the praise (1) What does my body do? (2) Basic first aid (2)	Where do babies come from? (R) Me and my body - girls and boys (R) Who can help 2 (1) Keeping privates private (1) Some secrets should never be kept (2)	I am caring (R) I am a friend (R) Unkind, tease or bully? (1) Harold's school rules (1) When someone is feeling left out (2) An act of kindness (2) Solve the problem (2)	Looking after my special people (R) Caring for our world (R) Harold's money (1) How should we look after our money? (1) Basic first aid (1) Feeling safe (2) Playing games (2)
3 & 4	Looking after our special people (3) How can we solve this problem? (3) Friends are special (3) An email from Harold! (4)	Danger or risk? (3) Super searcher (3) Alcohol and cigarettes: the facts (3) Danger, risk or hazard? (4)	For or against? (3) I am fantastic (3) Top talents (3) Harold's Seven Rs (4) Basic first aid (4)	Secret or surprise? (3) Basic first aid (3) Secret or surprise? (4) Together (4) My changing body (3) Yr4 only	Our friends and neighbours (3) Let's celebrate our differences (3) Zeb (3) That is such a stereotype! (4)	Can Harold afford it? (3) Earning money (3) Harold's environment project (3) Safety in numbers (4) Harold's expenses (4) Why pay taxes? (4)

	Different feelings (4) Under pressure (4)	Keeping ourselves safe (4) Medicines: check the label (4) Raisin Challenge (3) Traffic Lights (4)		All change! (4) Yr4 only Preparing for changes at puberty (4) Yr4 only	Friend or acquaintance? (4) Islands (4)	Logo quiz (4)
5 & 6	Relationship cake recipe (5) Our emotional needs (5) Being assertive (5) Assertiveness skills (6) Don't force me (6) Acting appropriately (6)	Ella's diary dilemma (5) Vaping: healthy or unhealthy (5) Would you risk it? (5) Rat Park (6) What sort of drug is...? (6) Drugs: it's the law (6) Thinking about habits (5) It's a puzzle (6)	Independence and responsibility (5) Star qualities (5) Basic first aid, including Sepsis Awareness (5) What's the risk 1 (6) What's the risk 2 (6)	Pressure online (6) Helpful or unhelpful? (6) Managing change (6) Growing up and changing bodies (5) Changing bodies and feelings (5) Making babies (6) Yr6 only Help! I'm a teenager - get me out of here! (5) Yr5 only	The land of the Red People (5) Is it true? (5) Stop, start, stereotypes (5) OK to be different (6) We have more in common than not (6) Respecting differences (6)	Rights, respect and duties (5) Spending wisely (5) Lend us a fiver! (5) Jobs and taxes (6) Democracy in Britain 1 - Elections (6) Democracy in Britain 2 - How (most) laws are made (6)