

TWO YEAR ROLLING PROGRAMME CYCLE A 2024-25						
Year group/ Term	1	2	3	4	5	6
EYFS, 1 & 2	Health and Well-being (1)	Dance - 'The Zoo' (1)	Gymnastics - 'Body Parts' (1)	Dance - 'Exploring' (2)	Gymnastics - Pathways (2)	Health and Well-being (2)
	Ball Skills - Feet (1)	Ball Skills - Feet (2)	Ball Skills - Rackets, bats and balls (1)	Ball Skills - Rackets, bats and balls (2)	Locomotion - Jumping (1)	Locomotion - Jumping (2)
3 & 4	Tennis (3)	Dance - 'Wild Animals' (3)	Gymnastics - Symmetry and Asymmetry (3)	Dance - 'Cats' (4)	Athletics (3)	Athletics - Throwing and Jumping (4)
	Games - dodgeball (3)	Games - dodgeball (4)	Swimming	Games - tennis (4)	Games - cricket (3)	Games - cricket (4)
5 & 6	Games - Badminton (5)	Dance - 'Carnival' (6)	Gymnastics - Counter balance and counter tension (5)	Dance - 'Titanic' (6)	Athletics (5)	Athletics - Throwing and Jumping (6)
	Games - football (5)	Games - football (6)	Swimming	Games - badminton (6)	Games - cricket (5)	Games - cricket (6)

TWO YEAR ROLLING PROGRAMME CYCLE B 2025-2026						
Year group/ Term	1	2	3	4	5	6
EYFS, 1 & 2	Gymnastics - Wide, Narrow, Curled (1)	Dance - 'Heroes' (1)	Dance - 'Mr Candy's Sweet Factory' (2)	Gymnastics - Linking (2)	Ball Skills - Hands 2 (1)	Ball Skills - Hands 2 (2)
	Ball Skills - Hands 1 (1)	Ball Skills - Hands 1 (2)	Attack v Defence - Games for Understanding (1)	Attack v Defence - Games for Understanding (2)	Locomotion - Running (1)	Locomotion - Dodging (2)
3 & 4	Games - netball (3)	Dance - 'Weather' (3)	Gymnastics - Bridges (4)	Dance - 'Space' (4)	Games - hockey (3)	Games - hockey (4)
	Games - tag rugby, external specialist (3)	Games - tag rugby (4)	Swimming	Games - netball (4)	Games - rounders (3)	Games - rounders (4)
5 & 6	Games - netball (5)	Dance - 'The Circus' (5)	Gymnastics - Matching and Mirroring (6)	Dance - 'Greeks' (5)	Games - hockey (5)	Games - hockey (6)
	Games - tag rugby (5)	Games - tag rugby, external specialist (6)	Swimming	Games - netball (6)	Games - rounders (5)	Games - rounders (6)



Aylburton and English Bicknor C of E V.C. Primary Schools Physical Education Rolling Programme

